Adult-Focused Family Behavior Therapy
Child Welfare Supplement
Emergency Management

• Families sometimes come across domestic emergencies that require urgent attention

• Emergency Management Training assists in preventing and diffusing emergent situations.
• Use Emergency Management and Safety Checklist to determine if issue at hand is an emergency.
Self-Control Form

- Distribute Self-Control form so that client may rate steps that were most effective in decreasing likelihood of drug use and increasing likelihood of desirable childcare.

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<tr>
<th>Trial 1 and date</th>
<th>Word to describe situation</th>
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1. Stop!
2. One bad thing for self
3. One bad thing for others
4. Take a deep breath & relax
5. Stone 4 solutions
6. Write 4 solutions w/ pros and cons
7. Imagine doing 1 or more solution(s)
8. Imagine telling someone about using the solution brainstormed
9. Stone positive things that will happen as a result of using the solution

Pre-Likelihood rating
Post-Likelihood rating
Step that helped the most and why it helped the most
Time to Practice Emergency Management!
Catch My Child Being Good

- Catch My Child Being Good is aimed to help clients learn the most effective way to reinforce good behaviors and decrease poor behavior.
Recording Form

• Distribute Recording form so that client may record how and when they caught their child exhibiting good behavior.
Time to Practice Catch My Child Being Good!
Positive Practice Skills Training

- Children sometimes behave poorly when they either have not learned to behave otherwise, or when they are too young to understand.

- Positive Practice Skills Training assists in helping to teach children to replace undesired behaviors with desired behaviors.
• Distribute Recording Sheet form so that client may record when and how they implemented positive practice protocols.
Take Out Your Positive Practice Protocols and Let’s Practice!
Child Compliance Training

- All children disobey parent commands to some extent.
- Child Compliance Training helps to teach clients how to instruct, warn and enforce consequences for disobedience by helping to get children to follow instructions.
• Distribute Recording Sheet form so that client may record child’s noncompliance and the steps the client took to rectify the behavior
Time to Practice Child Compliance Training!
Home and Safety Beautification

• Accidents due to unattended hazards in the home are a leading cause of injury and even death for young children.

• The Home Safety and Beautification protocols aim to make the home safe and more beautiful.
Home and Safety Beautification

- Review checklists for each room with client, and mutually decide with client and family how to rate the safety of each room.
Time to Practice Home and Safety Beautification!
Concluding Performance Intervention & Planning for Success

Solicit & provide strengths of family relevant to maintaining:

- great family relationships
- personal achievements
- treatment goals

Instruct family in exchanging what is appreciated about each other, including provider.
Contact Information
Brad Donohue, Ph.D.
Bradley.Donohue@unlv.edu
702 557 5111
http://toppsatunlv.wixsite.com/frs-at-unlv